

Spokane Society of Internal Medicine
P.O. Box 18731
Spokane, WA 99228

RETURN SERVICE REQUESTED

61st Annual Scientific Meeting
UPDATE IN INTERNAL MEDICINE

PRESORTED
STANDARD
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SPOKANE, WA
PERMIT NO. 1221

PROGRAM

Friday, February 26

8:00-8:45am Registration & Continental Breakfast. Exhibit Hall open
8:45 a.m. Welcome and Introductions, Darryl Potyk, Program Chair, SSIM
9:00-10:00 DVT Prophylaxis for the Medical Patient
Darrell Harrington, M.D.
10:00-11:00 Guidelines: Update on Heparin-Induced Thrombocytopenia
Jeremy Graham, D.O.
11:00-11:15 Refreshment Break. Visit Exhibits.
11:15 -12:15 Medical Education in Spokane, George Novan, M.D.
12:15-1:00 Lunch provided for all attendees Room 206. Exhibit Hall open

1:00-2:00 An Evidence Based Approach to
Preoperative Cardiac Evaluation
Darrell Harrington, M.D.
2:00-3:00 Solving Medical Mysteries:
A New Approach to Unexplained Symptoms
David Clarke, M.D.
3:00-3:30 Break. Exhibit Hall open

3:30-4:30 Insulin Management of Diabetes Mellitus
from the Generalist's Perspective
DC Dugdale, M.D.
4:30-5:30 Non-invasive Cardiac Work-up
Michael P Williams, M.D.

Program ends for the day

Saturday, February 27

7:30-8:00 Continental breakfast. Exhibit Hall Open
8:00-8:15 Welcome, announcements.
8:15-9:15 Health Information Technology in Patient-centered Care
James Ralston, M.D., M.P.H.
9:15-10:15 Stroke Management and Prevention
C. William Britt, Jr., M.D.
10:15-10:30 Refreshment Break. Exhibit Hall open
10:45-11:45 Lung Cancer Screening
Gregory M. Loewen, D.O.


11:45-12:45 The Complications of Cirrhosis: Avoiding Common Pitfalls
and Oversights in Management
Philip C. Delich, M.D.
12:45 Adjourn. Pick up CME certificates

61ST ANNUAL SCIENTIFIC MEETING

Update In Internal Medicine 2010

Friday & Saturday
February 26 & 27, 2010
Spokane Convention Center
334 W. Spokane Falls Blvd.
Spokane, WA

Mail registration form
by February 6th
to save!



Jointly sponsored by the Spokane Society of Internal Medicine
and the Spokane County Medical Society

GENERAL INFORMATION

The meeting will be held at the Spokane Convention Center, 334 West Spokane Falls Boulevard. For registration questions call Merry MacInt, MHA, Executive Director, SSIM at 509-468-0236.

Blocks of rooms have been reserved until January 27th :

THE DOUBLETREE HOTEL	\$119/night	509-744-2363 or 800-222-8733
THE DAVENPORT HOTEL	\$169/night	509-455-8888 or 800-899-1482
FAIRBRIDE INN EXPRESS	\$70/night	509-838-6630 or 888-271-4190

CME CREDIT

This activity has been planned and implemented in accordance with the Essential Elements, Criteria, and Standards of Accreditation of the Washington State Medical Association CME Accreditation Committee through the partnership of The Spokane County Medical Society and The Spokane Society of Internal Medicine. The Spokane County Medical Society, a Washington State Medical Association accredited sponsor, designates this educational activity for a maximum of 10.5 hours in Category 1 to satisfy the re-licensure requirements of the Washington State Medical Quality Assurance Commission. The Spokane County Medical Society designates this educational activity for a maximum of ten and one-half *AMA PRA Category 1 Credits*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

PROGRAM COMMITTEE

Darryl K. Potyk, M.D., Chair, Internal Medicine Residency Spokane
Matthew F. Hollon, M.D., M.P.H., Internal Medicine Residency Spokane
Jeffery L. Liles, M.D., Internal Medicine Residency Hospitalist
Mary M. Noble, M.D., Internal Medicine Residency Spokane
George Novan, M.D., Associate Director, WWAMI Medical Education Program
Peter L. Weitzman, M.D., Hospital Specialists, PLLC

Thank you to our major supporters:



LEARNING OBJECTIVES

Upon completion of this program, the participants should:

Be able to:

- 1) recognize which medical patients are at risk for DVT.
- 2) select appropriate evidence-based strategies to reduce DVT rates.
- 3) adhere to national quality initiatives related to DVT prophylaxis.

Be able to describe, assess and apply the ACCP 2008 guidelines based approach to the patient with suspected heparin induced thrombocytopenia disease.

Be able to name the opportunities for practicing internists in Spokane to participate in undergraduate and graduate medical education programs and describe the benefits of participating as a preceptor in one of the educational programs.

Be able to

- 1) employ cost effective, evidence-based strategies in the preoperative evaluation.
- 2) select appropriate patients to receive preoperative Beta-blockade.
- 3) incorporate the 2007 ACC/AHA guidelines into daily practice.

Be able to understand:

- 1) how to uncover the cause of an illness when all diagnostic tests are normal.
- 2) how to find hidden psycho-social stresses.
- 3) the process used to achieve successful outcomes in stress-related illness.

Be able to:

- 1) choose and adjust an initial insulin regimen.
- 2) assess the adequacy of an existing insulin regimen.
- 3) plan and select adjustments to improve existing insulin regimens.

Be able to recognize the strengths and weaknesses of cardiac CT and what the appropriate indications are for ordering a non-invasive coronary angiogram.

Be able to:

- 1) describe the role of health information technology in patient-centered care, including patient interaction with the Electronic Medical Record.
- 2) describe the relationship between Electronic Medical Records, Personal Health Records and Electronic Health Records.
- 3) be familiar with the latest resources for Electronic Health Records.

Be able to:

- 1) diagnose and treat the two most common complications of IV tPA, hemorrhage and angioedema.
- 2) discuss the contemporary strategies for secondary stroke prevention.

Be able to describe the potential benefits and risks and techniques for early lung cancer detection.

Be able to:

- 1) recognize and appropriately manage the complications of cirrhosis.
- 2) avoid common mistakes and oversights in management of patients with decompensated cirrhosis.
- 3) institute currently recognized screening measures for hepatocellular carcinoma.
- 4) identify appropriate timing for referral to hepatology and/or liver transplant center in patients with end stage liver disease.

FACULTY

C. William Britt, Jr., M.D.
Medical Director, Stroke Program
Providence Holy Family Hospital
Spokane, WA

David D. Clarke, M.D.
Senior Scholar, Center for Ethics
Clinical Assistant Professor Emeritus
Oregon Health & Science University
Portland, OR

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Gastroenterologist
Rockwood Digestive Health Center
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Pulmonary Oncologist
Spokane Respiratory Consultants
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George Novan, M.D., FACP
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Medical Education Program
Clinical Professor of Medicine
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James Ralston, M.D., M.P.H.
Associate Scientific Investigator
Internal Medicine Consultant
Group Health Affiliate
Assistant Professor, University of Washington
Seattle, WA

Michael P. Williams, M.D., FACC
Echocardiologist
Heart Clinics Northwest
Spokane, WA

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For more information, contact SSIM at spokanesim@gmail.com*

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Update In Internal Medicine
February 26-27, 2010

Fees: Before February 6 After February 6

Please circle

Non SSIM member:		
Physician	\$185	\$200
Retired Physician	\$160	\$175
SSIM member:		
Physician	\$160	\$175
Retired physician	\$ 50	\$ 65
Residents/Medical Students	\$ 25	\$ 40
Physician Assistants/ Nurse Practitioners/ Other Allied Health	\$160	\$175

Make check payable to: Spokane Society of Internal Medicine or SSIM.
Canadian checks payable in U.S. Dollars. No partial registrations. The registration fee includes lunch on Friday and a CD containing syllabus information.

NAME _____

TYPE OF PRACTICE/SPECIALTY _____

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EMAIL _____

Mail registration form and check to:
SPOKANE SOCIETY OF INTERNAL MEDICINE
P.O. Box 18731
Spokane, WA 99228

Registration confirmation will be sent by email.
Registration is limited. Please register by February 20, 2010.
No refunds after February 22nd