

## Resident and Medical Student Essay Contest Rules

### CONTEST RULES:

- **DEADLINE:** All essays must be submitted by March 1<sup>st</sup> 2018, by 11:59 pm.
- Essays submitted for consideration must be original work and must be prepared by one author only.
- Only ONE submission per person.

### ESSAY REQUIREMENTS:

- Essay must not exceed 1,000 words.
- Entries must be in English.
- Essays must be double-spaced and no smaller than 12pt font.
- Each page must be numbered.
- Documents should be written in Microsoft Word, Text or PDF.
- Documents must be formatted and referenced before submitting online. Once you submit your essay, you will not be able to edit.
- Entrants will receive a confirmation email within 24-48 hours of submission.

### REVIEW and EVALUATION:

The winning essay will be chosen by the Medical Humanities Committee

PRIZES: \$500 for the best resident essay

\$500 for the best medical student essay

The winner will be notified late April 2018. In addition to the monetary prize, the winning essay will be offered to be posted on all Spokane resident Websites, the Spokane County Medical Society, The Washington State Medical Association and the Washington chapter of the ACP. It will also be posted on the Spokane WWAMI and Website and announced via email to subscribers of the website. The University of Washington will also be notified.

### QUESTIONS:

Please send emails to Judy Swanson, MD [Judy.Swanson@providence.org](mailto:Judy.Swanson@providence.org)

### NOTE:

By participating in this contest, entrants (a) agree to be bound by the CONTEST RULES and ESSAY REQUIREMENTS outlined above and by the decisions of the Medical Humanities Committee, which are final in all matters relating to the contest; and (b) acknowledge compliance with the CONTEST RULES and ESSAY REQUIREMENTS outlined above. The Medical Humanities Committee reserves the right to reject any entries that it deems to be out of compliance with these rules.

Void where prohibited or restricted by law.

By entering the contest, you confirm that the essay submission is your own original creation. All submissions become the property of the Medical Humanities Committee and will not be returned.

The Medical Humanities Committee reserves the right to contact faculty or administrators at the Spokane Medical Residencies to confirm enrollment and

eligibility. In the event that enrollment cannot be confirmed, the entrant may be disqualified from the contest.

Entrants agree to, except where prohibited, allow the Medical Humanities Committee to post their essays on the Spokane Residency and WWAMI and WSU website and use their names and essays in materials for further published works or publicity purposes without additional compensation. They also agree that the essays become the property of The Medical Humanities Committee . The Medical Humanities Committee will give appropriate attribution to the authors in all such cases.

The Medical Humanities Committee was developed to encourage personal reflection on the impact of medicine in the daily life of both the medical student and resident on their path to become a physician, to promote communication amongst physician colleagues as well as for anyone interested in learning more about being a physician. The Medical Humanities Committee is a nonprofit organization and prize money is generously provided by the Shikany Fund.