

## Leading with Allyship: Empowering Women in Medicine

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## Who is SLS?

#### We believe...

- Leadership is for everyone
- Leadership is not positional
- Leadership is learned
- Leadership is lifelong

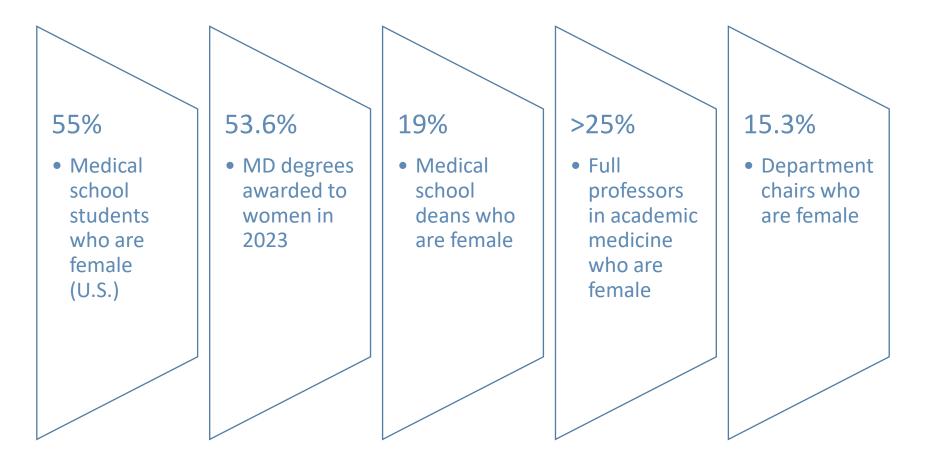
## **Session Objectives**

- Reflect on your personal leadership responsibility
- Understand the role of allyship for women in any industry
- Realize the impact of gender inequality and systemic barriers in the medical industry
- Connect with others through shared experience.



This is an invitation to pause, reflect, and connect with your own leadership journey.

### The Current Landscape



## Barriers to Gender Equity

- Unconscious bias and stereotypes
- Lack of mentorship and sponsorship
- Unequal distribution of domestic/caregiving responsibilities
- Workplace discrimination

## **Tools to Promote Gender Equity**

#### Organizational

- Bias training
- Transparent hiring and promotion practices
- Transparency with compensation and pay; includes pay audits
- Flexible schedules

#### Individual

- Advocate for fair assignments
- Promote women and celebrate awards, leadership roles, etc.
- Use data to make inequities visible
- Use action verbs when introducing women



How to be a strong ally.....

- Listen and learn
- Speak up
- Sponsor and advocate
- Share power and make space
- Practice self-awareness



#### Find/build a community

- @ZagWomenLead
- www.gonzaga.edu/womenlead

#### Educate yourself

- Podcast: Shameless Leadership
- Book: How Women Rise, Marshall Goldsmith & Sally Helgesen
- Report: McKinsey's Women in the Workplace Annual Report
- Self-Assessment: EQ profile, StrengthsFinder, 360 Profile



# What will you do differently after this session?

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