



Jointly provided by Providence
Health Care & the Spokane County
Medical Society



MEDICINE 2020

FRIDAY, NOVEMBER 6, 2020

7:00 AM – 5:00 PM

LIVE VIRTUAL ZOOM EVENT

Agenda & Faculty

- 7:00 AM Welcome and Introductions - Program Moderator
- 7:15 AM **COVID-19, The Pandemic That Keeps On Giving**
Christopher Baliga, MD
Waiting Room - Break
- 8:35 AM **Sleep Apnea: Interpreting Home Sleep Screening & Prescribing of CPAP Therapy** – Brandon Peters-Mathews, MD
Waiting Room – Break
- 9:55 AM **MSK Applications of PRP** – Jamie Lewis, MD
Waiting Room - Break
- 11:15 AM **Management of Osteoporosis in 2020** - Carol H. Wysham, MD
- 12:15-1:00 PM **Lunch** *Waiting Room*
- 1:00 PM **Current Recommendations for Cancer Screening for Women –**
Dawn Kopp, MD
Waiting Room – Break
- 2:20 PM **NAFLD- The Silent “Epidemic”** – Philip C. Delich, MD
Waiting Room - Break
- 3:40 PM **Resident Presentations:**
Prevention of Recurrent UTI -
Patrick Kunkel, DO, Internal Medicine Resident
Waiting Room - Break
- 4:30 PM **THC, CBD-Evidence TBD: Update On Marijuana Research & Harm Reduction** - Logan Villarreal, MD, Family Medicine Resident
- 5:00 PM Adjourn

COURSE OBJECTIVES:

At the conclusion of this program participants will be able to:

- Discuss the clinical features and diagnosis of COVID-19.
- Review the treatment of COVID-19.
- Discuss the basics of normal sleep and the symptoms and causes of insomnia through cases.
- Review the effectiveness and side effects of sleeping pills to treat insomnia.
- Discover the role for cognitive behavioral therapy for insomnia (CBTI) and access options.
- Discuss application and role of PRP in treating orthopedic conditions.
- Review FDA regulation for regenerative medicine procedures.
- State the criteria for diagnosis of osteoporosis.
- Outline the evaluation of osteoporosis.
- Develop an individualized treatment plan for patient with osteoporosis.
- Discuss the basis for the 2019 ASCCP risk-based management consensus guidelines for cervical cancer screening and treatment of cervical dysplasia.
- Review how to access and use current cervical dysplasia guidelines.
- Describe current recommendations for breast and other cancer screenings for women.
- Define clinical significance of fatty liver disease.
- Describe pathophysiology of NAFLD.
- Illustrate approach to work up of NAFLD.
- Introduce treatment options for NAFLD.
- Identify risk factors for recurrent UTIs.
- Identify prevention strategies for post-menopausal females.
- Identify prevention strategies for pre-menopausal females.
- Discuss the current state of research on marijuana use and strength of evidence.
- Update patient counseling methods, harm reduction strategies, and when to recommend quitting or cutting back.

CME Category 1

7.0 Total

This activity has been planned and implemented in accordance with the accreditation requirements of the Washington State Medical Association through the joint providership of Providence Health Care and the Spokane County Medical Society. Providence Health Care is accredited by the WSMA to provide continuing medical education for physicians.

Providence Health Care designates this live activity for a maximum of 7 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity meets the criteria for up to 7 hours of Category 1 CME credit to satisfy the re-licensure requirements of the Washington State Medical Quality Assurance Commission.

Spokane County Medical Society Presents MEDICINE 2020

PLEASE NOTE: Syllabus to be posted electronically.

Training Preference: Live Zoom Webinar On Demand Webinar

Name: _____ Credentials / Degree _____

E-mail Address: _____

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*** Cancellations must be made by October 23, 2020 for a refund.**

No refunds after October 23, 2020.

Return Form To: Spokane County Medical Society

318 E. Rowan Ave., Ste. 209, Spokane, WA 99207

shelly@spcms.org

You may also register online at www.spcms.org

FULL DAY SYMPOSIUM – 7 CREDITS: Friday, November 6th

	Registration By 10/23/20	Registration Fee After 10/23/20	On Demand Recorded Webinar (1 year)
Physician Member (MD, DO)	\$90	\$105	\$137
Physician Non-Member (MD, DO)	\$120	\$140	\$182
PA Member	\$60	\$70	\$91
PA Non-Member	\$75	\$88	\$114
Retired Member	\$57	\$67	\$87
Allied Health (ARNP, RN, Etc.)	\$51	\$60	\$78
Resident/Medical Student (must pre-register)	\$30	\$35	\$46
		Total Due:	\$ _____



Session offered in partnership with the Eastern Washington Area Health Education Center

